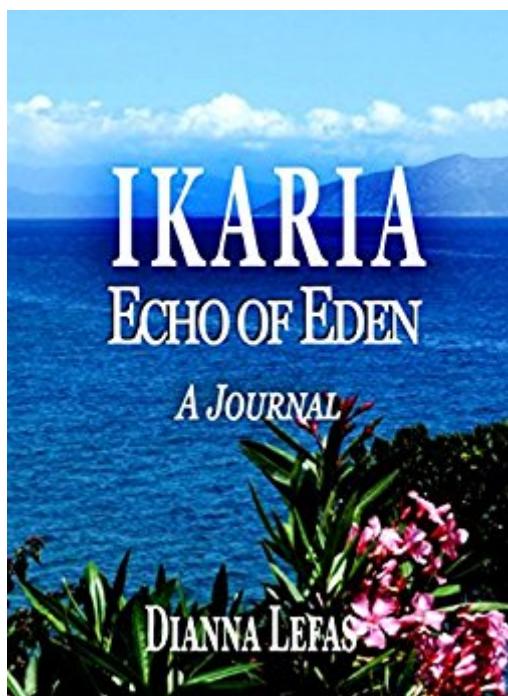


The book was found

# IKARIA: Echo Of EDEN: A People, A Journal & Soufiko (Ikaria: "The Blue Zone" Book 2)



## Synopsis

What goes into making a place a "Blue Zone," a place where people seem to live longer and healthier - and more satisfying - lives than anywhere else? Is it the food, the lack of stress, or the convulsive roads that twist and turn like a determined contortionist inspiring a faith in God you never knew you had? "IKARIA: Echo of Eden," is a love story. Not the love story between a man and a woman or parents and their children, though this is that, too, but more succinctly, it is a love story between a people and their island. And the ferocious and protective pride they have for a rock of wild, untamable, magical beauty that not only sustained their ancestors in an often hostile and formidable world, but sustains them now through national austerity. It is also about Soufiko (with recipes), that unique Ikarian culinary divinity and the philosophy it exemplifies.

## Book Information

File Size: 2955 KB

Print Length: 102 pages

Publisher: Perdiki Publishing (February 16, 2017)

Publication Date: February 16, 2017

Sold by: Digital Services LLC

Language: English

ASIN: B06W9LGRQT

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #659,274 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #43 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > European > Greek #119 in Books > Cookbooks, Food & Wine > Regional & International > European > Greek #298 in Books > Humor & Entertainment > Humor > Cooking

## Customer Reviews

A lovely little story about the author's journey to her familial homeland. Warm and charming, this is a pleasant read and makes me want to live a simpler, more fulfilling life!

[Download to continue reading...](#)

IKARIA: Echo of EDEN: A People, A Journal & Soufiko (Ikaria: "The Blue Zone" Book 2) ECHO: NEW 2017 Echo User Guide: Beginner's User Guide to Master Your Echo (NEW 2017 VERSION, Echo Manual, Alexa, Echo ... Echo App, Echo Reviews) Echo: Echo Advanced User Guide (2017 Updated) : Step-by-Step Instructions to Enrich your Smart Life ( Echo Echo, Echo User Manual, Alexa, Echo Dot, Echo ebook) Echo: Learn Echo In A DAY! - The Ultimate Crash Course to Learning the Basics of Echo In No Time ( Echo, Echo Course, ... Echo Books, Echo User Guide) Echo: The 2017 Updated Echo User Guide and Echo Dot User Guide, Master Your Echo and Echo Dot in 1 Hour! (With Step-by-Step Instructions & The 250 Best Echo Easter Eggs included) Echo Dot: Echo Dot User Manual: From Newbie to Expert in One Hour: Echo Dot 2nd Generation User Guide: ( Echo, Dot, Echo Dot, ... Manual, Alexa, User Manual, Echo Dot ebook) Echo Dot: Dot Advanced User Guide (2017 Updated): Step-by-Step Instructions to Enrich Your Smart Life! ( Echo, Dot, Echo Dot, Echo User Manual, Echo Dot ebook, Dot) Echo: Echo Advanced User Guide (2017 Updated) : Step-by-Step Instructions to Enrich your Smart Life ( Echo User Manual, Alexa User Guide, Echo Dot, Echo Tap) Echo: Easiest User Guide To Master Echo Fast! ( Echo, Echo User Guide, Echo Manual, Alexa) (Volume 1) Echo for Beginners: OK, Alexa, What Can You Do? (Echo User Guide, Echo Manual, Alexa, Echo, Alexa Echo, Smart Home) Echo: NEW 2017 Echo Beginner's User Guide to Master Your Echo (with latest updates, 2017 updated user guide, Echo Manual, Alexa, ... echo app) (internet,smart devices, Alexa) Alexa: Learn How to Get the Most Out Of Your Personal Assistant ( Echo Show, Echo Look, Echo Dot, Echo, and Fire Stick) Echo Dot User Manual: Beginner's Guide to Start Using Echo Dot (2nd Generation) Like a Pro!: ( Echo Dot, Dot, Echo Dot, ... Video Tutorials)(Updated for 2017) SOUFIKO ~ from Simple to Sublime Eating well in the Blue Zone.: Quintessential Ikarian Cuisine LIVING (and eating), DELIBERATELY - Ikaria: Aegean Blue Zone.: Food, family, philosophy, Ikarian style Echo: The 2017 Updated Echo User Guide, The Complete Manual, Master Your Echo in 1 Hour! ECHO DOT COMPANION: THE COMPLETE GUIDE FOR DOING ANYTHING WITH ECHO DOT IN 2017 (INCLUDES 800 VOICE COMMANDS, ECHO DOT SECOND GENERATION WHITE BLACK STEP BY STEP) Echo: Master Your Echo; User Guide and Manual ( Echo Updated 2017 User Guide) Echo: 2017 Edition- Comprehensive User Guide for Echo, Alexa and Dot ( Echo, Alexa) Bullet Journal: 150 Pages Cactus Pattern Dotted Journal - 8"x10" (Bullet Journal Notebook) - With Bullet Journal Ideas: Bullet Journal Notebook (Volume 1)

[Contact Us](#)

[DMCA](#)

Privacy

FAQ & Help